

You didn't plan for this. We have.

Procedures for complicated fetal conditions.



JOHNS HOPKINS
MEDICINE

Sharing Expertise, Saving Lives



Deep breath.

No, this isn't the news you expected or the appointment you were imagining it to be. But rest assured, you have a team of experts on your side.

Allegheny Health Network teams up with world-renowned specialists at Johns Hopkins Medicine to care for complex fetal conditions like yours.

We lean on their unique fetal expertise for second opinions, and we collaborate regularly to ensure the best possible outcomes for our patients.

We'll personalize your procedure plan and take care of all the details along the way — the planning, the paperwork, the post-op appointments.

You and your baby are in exceptional hands.

A team of experts dedicated to your care.

AHN collaborates with the Johns Hopkins Center for Fetal Therapy to connect you to cutting-edge innovations for fetal conditions.

As one of only five hospitals in the country to perform complex fetal procedures, Johns Hopkins is fully equipped to provide comprehensive care for you and your baby. The program has received millions in grant funding to further their research on fetal medicine and has successfully completed a wide range of fetal procedures.

We've brought the brightest minds in fetal medicine together to take care of your greatest gift. Let's get started.

Your medical team will discuss your child's specific condition. Just know Johns Hopkins is prepared to treat many complex cases including:

- Amnioinfusion for lethal fetal urinary disease
- Congenital diaphragmatic hernia (CDH)
- Discordant anomalies or growth (sIUGR)
- Intrauterine treatment of fetal blood diseases
- Spina bifida: fetoscopic myelomeningocele (MMC) repair
- Twin-to-twin transfusion syndrome (TTTS)





From Pittsburgh to Baltimore and back.

We know you're searching for clear answers — and you'll get them very soon.
Fetal conditions are complex in nature because they vary from patient to patient.

As AHN and Johns Hopkins discuss your case, you'll receive additional details and specific next steps. Until then, review this process so you have a general idea of what you'll experience.

Step 1: Getting your diagnosis.

This likely already happened. Your AHN OB-GYN identified a potential fetal complication and has escalated your case to AHN's board of fetal specialists.

Step 2: Giving your go-ahead.

Once the AHN team agrees that you're a candidate for a Johns Hopkins fetal procedure, things will start to move very quickly. You'll be asked to authorize AHN to release your medical records to the Johns Hopkins team so they can get up to speed on your health history.

Step 3: Collaborating across networks.

The AHN and Johns Hopkins teams will collaborate and share all important health care information. They'll establish a plan personalized to you and your baby, and begin coordinating next steps.



Step 4: Coordinating your care.

AHN will coordinate blood work and any other pre-procedure assessments. The Johns Hopkins team will schedule your procedure and any pre- or post-procedure appointments. They'll also provide you with housing options if you need to stay in Baltimore for a bit, and help coordinate your insurance coverage. As plans are solidified, you'll know what to expect — we promise.

Step 5: Traveling to Baltimore.

You and your support person will head to Johns Hopkins in Baltimore, Maryland. When you arrive, you'll meet with the team and receive a fetal therapy packet. This packet is personalized to you and outlines the specifics of your procedure.

Step 6: Having your procedure.

Remember, your procedure is specific to you and your baby. The team at Johns Hopkins will walk you through each step and regularly update your AHN doctors. Of course, the unknown of this is scary, but you're giving your child all that you can. You're doing what's best.

Step 7: Going home.

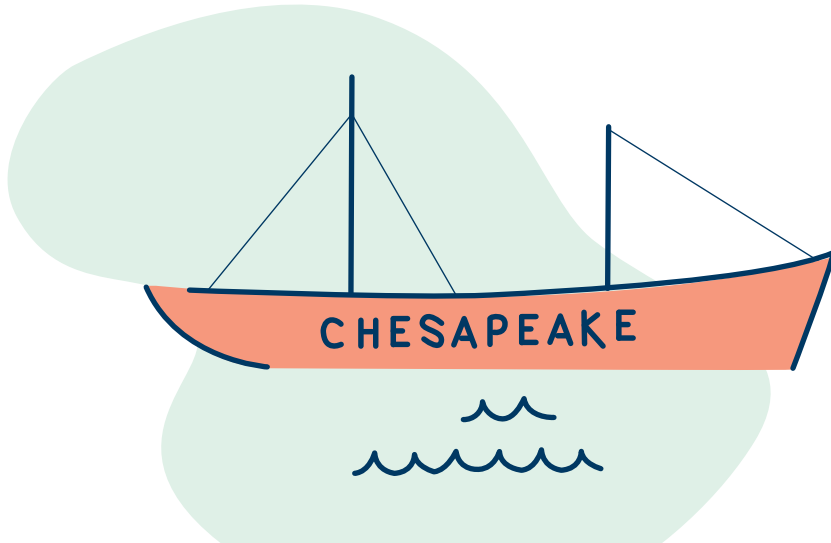
Depending on your procedure, you'll have to spend a few days in the hospital. After that, you'll likely be able to return to Pittsburgh. Before you leave, you'll receive care instructions and your care coordinator will schedule follow-ups with your AHN team. You'll continue to hear from your AHN and Johns Hopkins teams as you recover.

Step 8: Checking in.

Once you get back to Pittsburgh, you'll likely see your AHN OB-GYN within a couple of days. The AHN coordinator will help with all aspects of your recovery — scheduling post-op treatments, ensuring prescriptions are ready, and coordinating rehabilitation, if necessary.

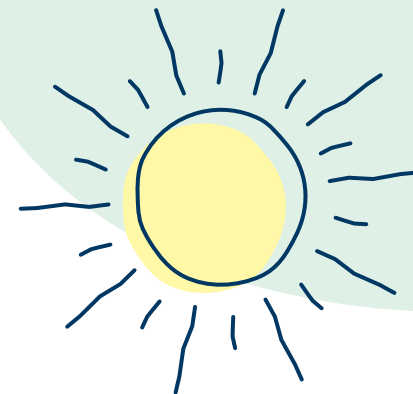
Step 9: Welcoming your baby.

Your courage and strength has gotten you here — the day you deliver. Your medical providers from AHN and Johns Hopkins will continue collaborating until the big day arrives, and we'll be right there with you celebrating your bundle of joy.





Okay, time for another deep breath.



It's overwhelming. We know.

We also know that you're already an incredible parent — a brave person who is willing to do anything necessary for the health of your baby.

You're not alone in this — **call (412) NURSE-4-U** if you have a question or need a better understanding of what comes next.

The AHN and Johns Hopkins teams are here to support you throughout the process. We will do everything in our power to get your baby here safe and healthy.

We got this.

Language accessibility and nondiscrimination

Allegheny Health Network (AHN) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex in its health programs and services. In order to treat individuals in a nondiscriminatory manner, AHN provides free communication aids and language assistance services.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. 412-330-2400

Arabic

ملحوظة: إذا كنت تتحدث أذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 412-330-2400.

Chinese

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 412-330-2400。

French Creole

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 412-330-2400.

French

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 412-330-2400.

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 412-330-2400.

Gujarati

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિઃશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 412-330-2400.

Italian

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 412-330-2400.

Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 번으로 전화해 주십시오. 412-330-2400.

Mon-Khmer

ប្រយ័ត្ន៖ ប៊ីស៊ីនជាអ្នកនិយាយ ភាសាខ្មែរ, ស្តីពីជំនួយជូនកុំភាសា ជាយមិនគិតលំនួល គឺអាចមានសារបំរើអ្នក។ ចូរ ទូរស័ព្ទ 412-330-2400.

Pennsylvania Dutch

Wann du Deitsch schwetzsch, kannsch du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: call 412-330-2400.

Polish

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 412-330-2400.

Portugese

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 412-330-2400.

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 412-330-2400.

Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 412-330-2400.

Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 412-330-2400.



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